



Local & National Resources for All Communities Affected by Breast Cancer

Please note that a more comprehensive list of community resources is available at pinklemonadeproject.org.

A best faith effort has been made to provide accurate information for each organization.

If you are aware of other local or national resources that could be added to this list, please contact us at programs@pinklemonadeproject.org.

In the Portland / Vancouver Metro Areas:

Pink Lemonade Project (visit pinklemonadeproject.org for specific program eligibility)

- Jill's Book Bank: free books for children, families, and adults to discuss a breast cancer diagnosis
- Peer Support groups: Zest for those diagnosed at a younger age; Limoncello for women of all ages
- Pink Peers Mentor Program: trained peer mentors
- Pink Link: education, craft, and wellness activities
- Pink Practicalities and Holiday Glow: financial assistance
- Revive Retreats: oncology social worker-led retreats for those at least one year past treatment
- Treatment Access Program: financial aid for those with travel needs to treatment
- Various support groups, facilitated by oncology social workers, for breast cancer survivors and forever fighters, including one in Spanish
- Virtually Pink: online education, craft, and wellness events; view past events at: bit.ly/VirtuallyPink

(360) 952-3814

programs@pinklemonadeproject.org

pinklemonadeproject.org

211 info

- Help people across Oregon & SW Washington identify, navigate, and connect with local resources

Dial 2-1-1

211info.org

Asian Cancer Resource & Support Services Center (a division of Asian Health & Service Center)

- Community-based breast cancer patient navigation that is culturally and linguistically specific; Vietnamese, Cantonese, Mandarin, and Korean
- Emotional support through counseling, peer support, and support groups
- Garden of Reflection
- Health talks, patient education, resource library

(503) 772-5847

ahscpdx.org

Be Inspired to Grow: Health & Wellness Coaching

- Katrin Fink, Mayo Clinic Certified Wellness Coach & Board-Certified Health and Wellness Coach, supports cancer survivors in making positive lifestyle and behavior changes that promote health and wellbeing

(503) 686-0379

beinspiredtogrow.com

Breast Friends

- Various peer support groups for breast cancer survivors and forever fighters
- Brave & Beautiful: professional portraits
- Counseling services
- Hope Closet: free wigs, scarves, and mastectomy items
- Thriving Beyond Cancer retreats; education, craft, and activity programs

(503) 598-8048
mail@breastfriends.org
breastfriends.org

Catch 22 Dragon Boat Team

- A dragon boat team that welcomes breast cancer survivors, and practices on Vancouver Lake

facebook.com/VancouverLakeDragonBoating

Dougy Center

- A wide range of resources for children, teens, young adults, and families who are grieving, supporters of people who are grieving, and counselors and helping professionals

(503)775.5683
help@dougy.org
dougy.org/grief-support-resources

Fighting Pretty

- Strength & Beauty kits for those in active treatment, including Custom Pretty Packages
- Fighting Pretty through Cancer private Facebook group

(503) 954-1467
fightingpretty.org (*note: local resource that will mail nationally*)

Just Like a Woman Boutique

- Retail store with mastectomy, lingerie, and compression needs

503-246-7000
justlikeawoman.com

Komak

- Financial assistance for cancer patients who are unable to work during treatment

komakcares.org

Michelles' Love *(for single parents undergoing cancer treatment)*

- Free home deep cleaning
- Financial assistance for rent/mortgage and utilities
- Meal delivery
- Last will & testament assistance

michelleslove.org

Paid Leave Oregon

- Paid time off to care for yourself or loved ones during life's important moments

833-854-0166
Paidleave@oregon.gov
paidleave.oregon.gov/employees/overview.html

Paid Leave Washington

- Paid time off to care for yourself or loved ones during life's important moments

833-717-2273

paidleave.wa.gov

Pink Phoenix Dragon Boat Team

- A dragon boat team of all breast cancer survivors that practices on the Willamette River

info@pinkphoenix.org

pinkphoenix.org

Pink Sistas

- Day retreats, with activities on the Columbia River, for women diagnosed with breast cancer

(503) 901-7900

inspirationaldebhart@msn.com

pinksistas.org

Transitions: An Appearance Center

- In operation with Providence Health Services, provides post-operative garments (*do not need to be Providence Health Services patient to receive assistance*)

(503) 215-8998

providence.org/locations/or/portland-medical-center/transitions-appearance-center

Urban League of Portland

- Trusted members of the Black community help navigate complex healthcare systems; connect folks to health insurance; manage and prevent chronic disease; and offer peer-delivered services to those in recovery.

(503) 280-2600

ulpdx.org/programs/community-health

National Organizations

American Cancer Society

- Reach to Recovery: virtual peer support after a breast cancer diagnosis
- Road to Recovery: volunteers provide patients rides to treatment
- Lodging assistance for people in treatment
- TLC: catalogue of wigs and mastectomy products

(800) 227-2345

cancer.org/about-us/local/oregon.html

Angel Flight West

- Volunteer pilots transport people in need to the medical care they deserve

angelflightwest.org

Breast Advocate App

- A free breast cancer surgery app that provides surgical options along with evidence-based recommendations, personalized for you

breastadvocateapp.com

Breast of Us

- Empowering women of color affected by breast cancer to make the rest of their lives the best of their lives through education, advocacy, and community

breastofus.com

Cancer + Careers

- Information and resources for the newly diagnosed, health professionals, h/r departments, and coworkers on all aspects of experiencing cancer while working

cancerandcareers.org

Cancer Cares

- Counseling, case management, financial assistance, support groups, educational programs, and publications for anyone living with cancer

(800) 813-4673 (800-813-HOPE)

cancercare.org

Cancer Legal Resource Center

- Provides information to educate and support on matters such as maintaining employment through treatment, accessing healthcare and government benefits, taking medical leave, and estate planning

(213) 487-2106

CLRC@drlcenter.org

thedrlc.org/cancer

Cleaning for a Reason

- Free home cleanings for cancer patients

cleaningforareason.org

Dr. Susan Love Foundation for Breast Cancer Research

- Love Research Army: encourages and facilitates breast cancer research in all people, regardless of age, race, gender, sexual identity, with or without a breast cancer diagnosis

drsusanloveresearch.org/love-research-army

FORCE (Facing Our Risk of Cancer Empowered)

- Resources for individuals and families facing hereditary cancer

facingourrisk.org

Living Beyond Breast Cancer

- Breast Cancer Helpline: matches people to trained volunteers for emotional support
- Breast cancer informational resources and education
- One-time financial assistance

lbbc.org

Lobular Breast Cancer Alliance

- Information and resources on invasive lobular carcinoma (IL), aka lobular breast cancer

lobularbreastcancer.org

Lymphedivas

- Medically correct and fashionable compression apparel for breast cancer survivors with lymphedema

lymphedivas.com/affordability

Male Breast Cancer Coalition

- Advocacy organization educating the world about breast cancer in men

malebreastcancercoalition.org

Metastatic Breast Cancer Alliance

- Collective of cancer nonprofits, pharmaceutical, and biotech industry members and individual patient advocates; national leader in collaborative action to improve the lives of people living with metastatic breast cancer

mbcalliance.org

Metavivor

- Peer support groups, including one in Portland
- Fund research and raise awareness about metastatic breast cancer

metavivor.org/support/peer-to-peer-support-groups

National Breast Cancer Foundation Inc.

- Provide help and inspire hope through early detection, education, and support services

nationalbreastcancer.org

National LGBT Cancer Network

- Educating the LGBT community about our increased cancer risks and the importance of screening and early detection; training health care providers to offer more culturally-competent, safe and welcoming care; and advocating for LGBT survivors in mainstream cancer organizations, the media and research.

cancer-network.org/

Partnership for Prescription Assistance

- Free and confidential service that connects uninsured and underinsured patients who struggle with affordable access to medicines to prescription assistance programs that offer medicines for free or nearly free.

screening.mhanational.org/content/partnership-prescription-assistance/

RxAssist

- A comprehensive database of patient assistance programs, as well as practical tools, news, and articles so that health care professionals and patients can find the information they need in one place

rxassist.org/

SHARE

- Clinical trial matching service
- Helpline, in English and Spanish, for those with breast, ovarian, uterine, cervical, and metastatic breast cancer
- Survivor Patient Navigators: Bilingual (Spanish-speaking) breast cancer survivors help patients understand their diagnoses and empower them to take an active role in making treatment decisions

(844) ASK SHARE / (844) 275-7427

sharecancersupport.org

Sharsheret

- Culturally sensitive education and support to young Jewish women diagnosed with breast cancer and people at risk of developing breast cancer

sharsheret.org

Sisters Network Inc.

- National African American breast cancer survivorship organization

(866) 781-1808/toll free

infonet@sistersnetworkinc.org

sistersnetworkinc.org

Susan G. Komen

- Komen Financial Assistance Program: Financial assistance for those in treatment for breast cancer (komen.org/treatment-assistance-program)
- Information on breast cancer, research, and clinical trials
- Helpline, in English & Spanish, provides information about breast health, breast cancer, local and national resources, and information about clinical trials

(877) GO KOMEN / (877) 465-6636

helpline@komen.org

komen.org

The Pink Fund

- Provides 90-day non-medical cost-of-living expenses on behalf of qualifying breast cancer patients in active treatment

pinkfund.org/get-help

Tigerlily Foundation

- Support for young women (ages 15-45) at high risk for or who've been diagnosed with breast cancer, including women of diverse and underserved communities. Programs focus on education, empowerment, advocacy, and support.

tigerlilyfoundation.org

TOUCH, the Black Breast Cancer Alliance

- Connects Black women living with breast cancer to peers and professionals
- Aims to improve clinical trial research and access to healthcare for Black women diagnosed with breast cancer and provides guidance for understanding and finding clinical trials

touchbbca.org

Triage Cancer

- Information, events, and downloadable guides on topics such as managing health insurance, finances, and employment after a diagnosis

triagecancer.org

Triple Negative Breast Cancer Foundation

- Information on living with TNBC
- TNBC Helpline: staffed by experienced oncology social workers with specific knowledge of triple negative disease

(877) 880-TNBC (8622)

tnbcfoundation.org

Young Survival Coalition

- Breast cancer information
- Virtual support through connecting with other young breast cancer survivors

youngsurvival.org/connect

These national resources were compiled by Pink Lemonade Project, a Vancouver, WA based community nonprofit that serves Oregon and Southwest Washington. See pinklemonadeproject.org for more information.

